

# **ADAPT**

## **Skills Development Centre (SDC)**

*“Disabled people who are better educated and economically more active will generate higher growth which everyone will share”*

Having begun by providing education and treatment for children with disability and to address the issue of “*after school what*” ADAPT expanded into post educational skills development training for the 16 plus age group. ADAPT Skills Development Centre (SDC) Chembur was established in the year 1989 to promote the research, assessment, training, work experience, socialization and placement of youth with multiple disabilities.

In recent years, there has been a shift from the medical to a social model, where no person is considered disabled – it is the environment which is considered disabling. In the social model of disability, disabled people are meant to be contributing meaningfully and in decision making positions and processes in every organization. To achieve this, they need to empower themselves with information, resources and an appropriate attitude.

From its inception SDC has aimed at assisting young adults with disability to equip themselves with the necessary job and social skills required to compete in the employment market. Trainees are educated in communication skills, functional literacy, work ethics and discipline.

Support services in the form of assessments, vocational guidance, counseling, therapy, sponsorships and financial aid for training, referral services, co-curricular and extra-curricular activities are available at SDC. Work experience, placement in open or cooperative employment and post-placement follow up services are offered to all trainees.

All training programmes and educational activities at our centre are adjusted to meet the pace and capabilities of the individual trainee to enable them to easily transition into better employment and financial situations. The staff at SDC strive to ensure that information and training is made available in an accessible format for all trainees.

Training programmes available at SDC include :

- Introduction to computer Skills and training in Data Entry
- Introduction to Accounting and Banking
- Basic Office Skills
- Spoken & written English language
- Reception and Telephone operating skills
- Housekeeping Skills
- Food & Beverage Service
- Culinary Skills
- Soft skills
- Horticulture

### **ADAPT – Skills Development Centre (SDC)**

Dr. Alur's vision of creating job profiles which are not stereotyped, manual, unskilled and semiskilled, has broken the myth that disabled people can only undertake unskilled C & D category jobs. Our Skills Development Centre focuses on igniting the potential of young people with disabilities and empowers them to aim for high end jobs in the A and B category.

Our staff has worked with over 700 disabled and non-disabled trainees. Over 500 trainees have been rehabilitated in self employment, open competitive employment and supported employment. Several candidates have been placed in positions at ADAPT. Of these trainees, nearly 400 are persons with disabilities. ADAPT's Job Fairs for persons with disabilities provide a platform for interaction between disabled candidates and potential employers, helping to facilitate placement in mainstream employment.

Our goal is to ensure that every candidate is placed in a job, appropriate to their specific skills and qualifications. The right job gives a person with disability the opportunity to learn, to be challenged and to work towards their individual goals and become contributing members of our society. Years of experience in providing services to persons with disabilities, has placed our Skills Development Centre in a sound position to comprehend and address their job placement requirements and accessibility needs.

This department trains apprentices in basic work activities and craft making. All apprentices are paid a stipend for their efforts.

To promote the successful placement of persons with disability in mainstream jobs; we seek your support in the following areas:

- Donations in cash and kind to help augment resources and enhance the scope of our training and job placement activities.
- Hands-on training to prepare our trainees for employment.
- Joint venture enterprises with our trainees.
- Recruit a trainee to fill a vacancy in your workplace.
- Support our publicity initiatives for training and employment.
- Volunteer your services to educate our trainees in various job skills.



Dr. Mithu Alur  
Founder Chairperson

## A D A P T

### Skills Development Centre

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Able Disabled All People Together  
Formerly The Spastics Society of India  
founded by Dr. Mithu Alur